

Food \$en\$e is a program of the Food Bank of Central New York designed to help individuals and families stretch their food dollars by ordering quality food at low prices. This program is open to **anyone** and **everyone** that wants to save money on their monthly grocery bill! There are no income requirements. For more information, contact Tom Richardson at 952 – 0038 or email trichardson@villageofeastysyracuse.com.

Food \$en\$e Shopper

A Program of the Food Bank of Central New York

Order/Pick-Up information

- Oder Deadline: By Thursday, Sept 14
- Pick up 1:00- 2:00 pm: Wednesday, September 27 (call if times are bad, arrangements can be made)
- Payment: Cash or EBT due at time of order
- EBT Cards Charged: Monday, Sept 18
- Qualifications: None
- Order Hours: M-f 8:00 – 4:00 Excluding Holidays, Call 952 - 0038
- Order/pick up Location: Heman Street Apts, 121 East Heman St

September 2017

\$20.50

Food Unit

All Items included

- Chicken Kabobs, 1lb
- Italian Meatballs,
- Shrimp Scampi, 24 oz
- Italian Sausage, 1 lb.
- Tilapia Fillets, 1 lb
- Mozzarella Cheese, 16 oz.
- Spaghetti, 1lb
- Spaghetti Sauce, 26 oz
- Frozen Broccoli. 16 oz
- Frozen Melon Mix, 16 oz
- Fresh Produce (TBA)
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Specials Individually Priced

1. **Stuffed Pork Chops, 2lbs \$7.00** *Stuffed w/apples & cranberries
2. **Meatloaf , 2lbs, \$6.7 5** *Traditional 100% ground beef
3. **Chicken Drumsticks, 5lbs, \$4.25** * Not individually frozen
4. **Breaded Shrimp , 3lbs, \$12.50** * 16 – 20 shrimp per pound
5. **Protein Box, \$13.25** *Includes: Chicken Leg quarters (4 lb Avg), salmon fillets (1lb), breakfast sausage (1lb), beef sandwich steaks (10.5 oz), and dozen fresh eggs.
6. **Mozzarella Sticks, 2lbs, \$6.00** *ready to cook in oven or fryer
7. **Macaroni & Beef, 5 lbs, \$14.00** *Family sized Stouffers' product