

Food \$en\$e is a program of the Food Bank of Central New York designed to help individuals and families *stretch their food dollars by ordering quality food at low prices. This program is open to anyone and everyone that wants to save money on their monthly grocery bill! There are no income requirements. For more information, contact Tom Richardson at 952 – 0038 or email trichardson@villageofeastyracuse.com.*

Food \$en\$e Shopper

A Program of the Food Bank of Central New York

Order/Pick-Up information

- Oder Deadline: By Friday, March 9
- Pick up 1:00- 2:00 pm: Wednesday, March 21 (call if times are bad, arrangements can be made)
- Payment: Cash or EBT due at time of order
- EBT Cards Charged: March 9
- Qualifications: None
- Order Hours: M-f 8:00 – 4:00 Excluding Holidays, Call 952 - 0038
- Order/pick up Location: Heman Street Apts, 121 East Heman St

March 2018

Food Unit  **\$20.50**

All Items included

- Chicken Thighs, 2lbs. (ave)
- Beef Sandwich Steaks, 10.5 oz
- Tilapia Fillets, 1lb
- Shrimp Fried Rice Dinner, 24 oz
- Breakfast Sausage, 1 lb
- Apple Juice, 64 oz
- Egg Noodles, 12 oz
- Chicken Tortilla Soup, 18 oz
- Frozen Mix Vegetables, 16 oz
- Frozen Blackberries, 16 oz
- Fresh Produce (TBA)
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Specials Individually Priced

1. **Spiral Ham, 7lbs (ave), \$12.00** * All natural, hickory smoked
2. **Stuffed Pork Chops, 2lbs, \$7.50** *Stuffed with apples and cranberries
3. **Pantry Box, \$10.00** * includes pancake mix, cereal, Spaghetti, spaghetti sauce, mixed Vegetables, peanut butter, Strawberry Spread, tuna fish, beef ravioli and pineapple tidbits
4. **French Fries, 5lbs, \$4.50** * Ready for oven or fryer
5. **Whiting Fillets, 2lbs, \$5.00** indiv quick frozen in 2 lb bag
6. **Chicken tenders, 5lbs, \$8.25** *fully cooked, heat in oven/microwave
7. **Hot Pockets, 12 pockets, \$17.50** *Philly Steak Hot Pockets