

Food \$en\$e is a program of the Food Bank of Central New York designed to help individuals and families *stretch their food dollars by ordering quality food at low prices. This program is open to anyone and everyone that wants to save money on their monthly grocery bill! There are no income requirements. For more information, contact Tom Richardson at 952 – 0038 or email trichardson@villageofeastysyracuse.com.*

Order/Pick-Up information

- Oder Deadline: By Friday, May 11
- Pick up 1:00- 2:00 pm: Wednesday, May 23 (call if times are bad, arrangements can be made)
- Payment: Cash or EBT due at time of order
- EBT Cards Charged: May 11
- Qualifications: None
- Order Hours: M-f 8:00 – 4:00 Excluding Holidays, Call 952 - 0038
- Order/pick up Location: Heman Street Apts, 121 East Heman St

May 2018

Food Unit

\$20.50

All Items included

- Pork Tenderloins, 1.75 lbs (ave)
- Chicken Thighs, 1.75lbs (ave)
- Haddock Fillets, 1lb
- Ground Beef, 1 lb
- Hot Dogs, 1lb
- Pork & Beans, 15 oz
- Fresh Macaroni Salad, 1lb
- Shoe String French Fries, 20 oz
- Frozen Peas & Carrots, 1 lb
- Frozen Strawberries, 1 lb
- Fresh Produce (TBA)
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Specials Individually Priced

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| 1. Stuffed Pork Chops, 2lbs, \$7.50 | *stuffed w/apples and cranberries |
| 2. Italian Meatballs , 5lbs, \$12.50 | *fully cooked in 5lb bag |
| 3. Protein Box, \$13.00 | *Meatballs (1 lb), Tilapia Fillets (1 lb)
Chicken Breast (2.5 lbs), Salisbury Steaks
12 oz, and Kielbasa (13 oz) |
| 4. Onion Rings 2.5 lbs, \$5.50 | * Ready for oven or fryer |
| 5. Sea Scallops, 2 lbs, \$11.00 | * indiv. Quick frozen, 30 – 40/lb |
| 6. Italian Sausage, 3lbs, \$9.00 | *Sweet, made in Utica New York |
| 7. Hot Pockets, 12 pockets, \$16.50 | * Pepperoni, 12 8 oz pockets |