Food \$en\$e is a program of the Food Bank of Central New York designed to help individuals and families stretch their food dollars by ordering quality food at low prices. This program is open to anyone and everyone that wants to save money on their monthly grocery bill!

There are no income requirements. For more information, contact Tom Richardson at 952 – 0038 or email

trichardson@villageofeastsyracuse.com.

Order/Pick-Up information

- Oder Deadline: By Friday, October 12
- Pick up 1:00- 2:00 pm: Wednesday, Oct 24 (call if times are bad, arrangements can be made)
- Payment: Cash or EBT due at time of order
- EBT Cards Charged: Oct 12
- Qualifications: None
- Order Hours: M-f 8:00 4:00 Excluding Holidays, Call 952 0038
- Order/pick up Location: Heman Street Apts, 121 East Heman St

October Events

Food Unit All Items included

- Pork Tenderloin 1.75 ibs
- Chicken Drumsticks, 3.5 lbs
- Salisbury Patties, 12 oz
- Fish Sticks, 1 lb
- Ground Turkey, 1 lb

\$20.50

- Pierogis, 13 oz
- Cheddar Cheese, 8 oz
- Egg Noodles, 12 oz
- Tomato cream soup, 17 oz
- Frozen Broccoli, 16 oz
- Fresh Produce (TBA)
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Specials Individually Priced

- 1. Pork Baby Back Ribs, 2.6lbs, \$7.50
- *fully cooked in honey BBQ sauce

2. Italian Meatballs, 5lbs, \$12.75

- *Fully cooked in 5lb bag
- 3. Stuffed Chicken Breast, 2 lbs, \$8.25
- *stuffed w/apples & cranberries

4. American Cheese, 5lbs, \$11.50

*sliced, not individually wraped

5. **Breaded Shrimp, 3 lbs, \$12.75**

*16 - 20 shrimp per pound

6. Onion Rings, 2.5 lbs, \$6.00

- *ready for oven or fryer
- 7. Hot Pockets, 12/80z pockets, \$16.75
- *12 ham & cheese pockets

