

Food \$en\$e is a program of the Food Bank of Central New York designed to help individuals and families stretch their food dollars by ordering quality food at low prices. This program is open to **anyone** and **everyone** that wants to save money on their monthly grocery bill! There are no income requirements. For more information, contact Tom Richardson at 952 – 0038 or email trichardson@villageofeast Syracuse.com.

Food \$en\$e Shopper

A Program of the Food Bank of Central New York

Order/Pick-Up information

- Order Deadline: By Friday, March 13
- Pick up 1:00- 2:00 pm: Wednesday, March 25 (call if times are bad, arrangements can be made)
- Payment: Cash or EBT due at time of order
- EBT Cards Charged: Friday, March 13
- Qualifications: None
- Order Hours: M-f 8:00 – 4:00 Excluding Holidays, Call 952 - 0038
- Order/pick up Location: Heman Street Apts, 121 East Heman St

March 2020

\$20.50

Food Unit

All Items included

- Chicken Drumsticks, 3.5 lb
- Ham Steaks, 1 lb
- Tilapia Fillets, 1 lb, 1lb
- Ground Turkey, 1 lb
- Salisbury Steaks, 12 oz
- Pizza (BBQ), 14 oz
- French Fries, 20 oz
- Macaroni & Cheese, 7.25 oz
- Tropical Frozen Fruit, 1lb
- Diced Carrots, 1lb
- Fresh Produce (TBA)
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Specials Individually Priced

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| 1. Pork Loin, 7 - 9 lbs, \$13.50 | * Center cut pork Loin |
| 2. Chicken Tenders, 5lbs, \$6.50 | * Breaded, ready for oven or fryer |
| 3. Shrimp, 2lbs, \$9.00 | * easy peel, 31 – 40 shrimp per pound |
| 4. Meatballs, 5lbs, \$13.00 | * fully cooked Italian Meatballs |
| 5. Pantry Box, \$11.25 | * Pancake mix (32 oz), Toasted oats cereal (12 oz), Crushed tomatoes (28 oz), instant potatoes (13.3 oz) Brown rice (1lb), Mac & Beef (15 oz), Tuna Fish (5 oz) Peanut Butter (18 oz), Grape Spread (19 oz), Mandarin Oranges (11 oz) |
| 6. Onion Rings, 2.5 lbs, \$6.00 | * ready for oven or fryer |
| 7. Stuffed Shells, 3lbs, \$5.50 | * Stuffed with a ricotta cheese filling |

